# Our Lady of Fatima Catholic School



**Upcoming Events** 

April 25, 2019 - 9:45 at school gym

**School Mass** 

# **School Hours:**

Start: 9:15

Recess: 10:55-11:10 Lunch: 12:30-1:30 Dismissal: 3:30

\*Supervision on the yard begins at 9:00. Please do not drop before

300 Sidney Street, Belleville, Ontario Website: http://schools.alcdsb.on.ca/ofat/



Number Talks are happening everywhere. Here the Year 1 and Year 2 students are telling the Teachers what they see!

# Save the Date

Confirmation Meeting St. Joseph – April 3 – 7pm

Confessions – April 4 at the

school

Rainbow of Hope Day – April

PA Day - April 5<sup>th</sup>

Big Kid Entertainment Presentation - April 9th

Mindset Presentation – April

**Dental Screening –** April 18 Purple Passion Day - April 18 Vision Screening - April 23





# Message from the Principal's Desk:

With only three months left of the school year, time is going to fly by! We have a lot to cover and a lot to experience over the next few months. Sometimes when things get busy all of us can feel a little overwhelmed and students are certainly not exempt from these feelings. Mental Health and Wellness is an integral part of your child's education. All of our educators have created



welcome, positive and inclusive classrooms and we are building in spirit days and whole school activities to further support Wellness for all the Our Lady of Fatima community. We look forward to sharing these events with you shortly.

# Our Lady of Fatima Catholic School Advisory Council

Looking to support your child's school experience? The Catholic School Advisory School is a great way to make that happen. All parent/caregivers are welcome to attend.

We are committed to: continuing our support of this very special school community including its families and its staff in their mission to provide a rich and special learning community for our students. Our next meeting Monday April 8, 2019 at 6pm

# **News Items:**

#### **Recent Items:**

**April Focus Virtue: Justice** 

Our school community continues to affirm our Catholic identity through daily prayers, school Masses and liturgies, social justice outreach, and curriculum connections. The Catholic virtues, such as faith, love, and temperance, guide us as we strive to be disciples of Jesus in our daily lives.



# **Tooth Decay is Preventable!**

April is National Oral Health Month. This April, Hastings Prince Edward Public Health (HPEPH) is reminding parents and caregivers that tooth decay is preventable! Small behaviours include brushing twice a day with a fluoridated toothpaste for two minutes each time, taking your child to a dental professional regularly, choosing snacks and drinks low in sugar which can help reduce your child's risk of tooth decay.



#### Protect Your Child's Smile with Fluoride Varnish!



Fluoride Varnish can help reduce tooth decay. Fluoride varnish is a protective coating that is painted onto the teeth. This coating makes teeth stronger to help prevent cavities from starting. The Fluoride Varnish program is available to all eligible children & youth up to the ages of 17 years in the Hastings and Prince Edward counties. To make an appointment, contact Public Health at the number below. It's FREE and only takes a few minutes!

To learn about all of our programs including Healthy Smiles Ontario, a free dental program for eligible children and youth 17 years and under, contact Hastings Prince Edward Public Health:

Phone: 613-966-5500 ext. 680 | Toll-free:1-800-267-2803 ext. 680 | Website: www.hpePublicHealth.ca





# Need your High School Diploma? Looking to get into College?

Loyola School of Adult and Continuing Education offers many options to support you in achieving your goals including high school credit courses, an accredited Personal Support Worker program and English as a Second Language classes. If you are over 18 years old and ready to take the next step in achieving your future, visit our website for more information: <a href="https://www.learningatloyola.ca">www.learningatloyola.ca</a>

<u>Senior Boys and Girls Basketball:</u> Congratulations to both of our Senior Girls and Boys basketball teams who represented Our Lady of Fatima well at the ALCDSB –west "B" Schools Championships in March. The Girls came home with the Championship Banner, while the boys played a very competitive game against Holy Rosary, coming up short in the final.

<u>Messy Yard:</u> Now that the warmer weather is here the yard is quite messy and outdoor boots/shoes are a must. Splash pants would also help with reducing laundry at home.

#### The Usual Reminders:



# We are Better Together:

We want your child here! As a school community we know that we are better when everyone feels like they belong and have a place in our community. The only way to make that happen is to make sure you are here. Not only does attendance create community, it is

also strongly linked to student achievement. Let's make every school day count!

# **School Cash Online**

You do not have to purchase anything to create an account. Not only does our school continue to strive towards becoming a "cashless school", by simply registering with schoolcashonline you will receive emails about upcoming items for purchases and awareness of field trips and other school events. Simply go to the website "SchoolCashOnline" and follow the prompts. Please do not send money with your child. If you need to pay by cheque or cash please come into the office and Mrs. Berthelot will happily accept payment directly from you.



# **Accessibility Parking**

Just a reminder that accessibility parking is available. Please keep the spots open and available.



# Safe Arrival Program

Parents/guardians are asked to call the school at **613-962-2162** whenever your child will be late or absent. A message may be left at any time on the answering machine. Please indicate your child's name, grade and teacher as well as your name. If no message is received, office staff will use the contact information provided to speak with the parent

or guardian regarding the child's absence.



# Signing In and Signing Out

A binder is in the office for parents/guardians to sign in their child when they arrive late and sign out when they pick up their child early. <u>Please do not take your child off the school</u> <u>yard</u>. Staff will call your child to the office to meet you.



<u>Changes in After School Routine</u> Any changes in your child's regular bus or pick up routine should be relayed to the office at least a day in advance when possible. If last minute changes are required, please call the school before 1:00p.m. to ensure the message gets to your child. <u>Please do not leave a message on the answering machine regarding changes in your child's end of day routine.</u>

# **Anaphylaxis**

We have several students in our school with life threatening allergies to nuts & peanuts. Eating or touching nuts, peanuts, & food containing nuts & peanuts can result in death in a matter of minutes. As parents, we all understand the intense concern anaphylaxis can cause. As a school community we will work together to reduce the possibility of exposure to allergens at school. Please continue to pack snack and lunch items that **do not contain nuts, peanuts, or nut products**. Should your child inadvertently bring one of these items, he/she will be asked to leave it in his/her lunch box and an alternate snack will be offered.

**EVERYONE MATTERS AT OUR LADY OF FATIMA** 

Page 4 of 7

## Medication

It is important that the school is aware if your child has a severe medical condition. School staff may only administer medication to students with written authorization from the parent/guardian <u>and</u> the prescribing physician. Please contact the school to discuss your child's medical condition and to obtain the <u>Medical Information and Consent forms</u>. All medications must be clearly labelled.



#### St. Michael Parish News:

B'TWEEN GIRLS GROUP ~10 years & up. First Fri., 6:30 - 8:30 pm in the Cave.

Sunday CHILDREN'S CATECHISM in Parish Centre, 10:30 - 11:30 am

## Fun French Fact for February:

#### **DID YOU KNOW?**

#### **FUN FRENCH FACTS**

#### **DID YOU KNOW?**

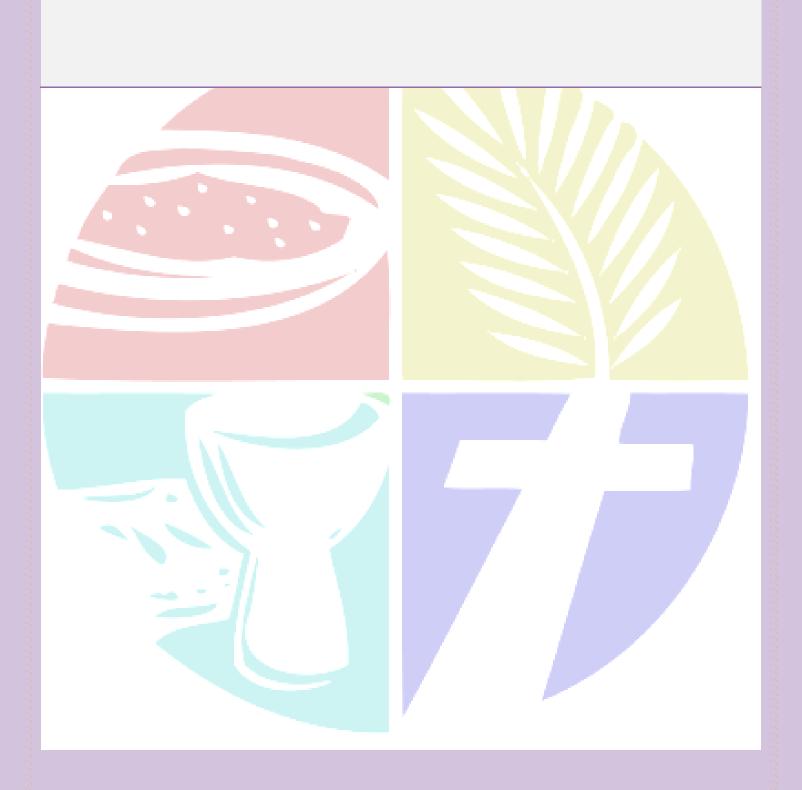
2019 marks the 50th anniversary of the Official Languages Act? #50yearsOLA



#### PEACE KEEPERS PLEDGE FOR FATIMA

We are **PEACE KEEPERS** at Fatima
We will stand up and let **PEACE** shine
We will treat each other nicely
We will be kind and help others
We will respect others by listening to them and by caring for them.
We will include people
We will treat others the way we want to be treated.
We will play nicely with our friends
We will be positive leaders for younger students
We promise to create and celebrate **PEACE**.

| April 2019  |               |                       |   |  |        |     |
|---|---------------|-----------------------|---|--|--------|-----|
| Sun   | Mon           | Tue                   | Wed   | Thu  | Fri    | Sat |
| PLEASE COME AND JOIN US FOR OUR SCHOOL  MASS ON Thursday February 28 <sup>th</sup> at 9:45 in the school gym. |               |                       |   |  |        |     |
|   | 1             | 2                     | 3   | 4  | 5      | 6   |
|   |               |                       | St. Joseph<br>Confirmation<br>Meeting 7pm       | Pizza Confessions 1:30 Rainbow of Hope Day   | PA Day |     |
| 7   | 8             | 9                     | 10  |  | 12     | 14  |
|   | OFIP Tutoring | Entertainment<br>1:30 | Mindset<br>Presentation<br>1:45<br>IEPs go home | Pizza  |        |     |
| 15  | 15            |                       | 17  | 18   | 19     | 20  |
| Palm Sunday   | OFIP Tutoring |                       |   | Dental<br>Screening<br>Purple Passion<br>Day |        |     |
| 21  | 22            | 23                    | 24  |  | 26     | 27  |
| Easter  | Easter Monday |                       |   | Mass 9:45<br>Pizza                           |        |     |
| 28  | 29            | 30                    |   |  |        |     |
|   | OFIP Tutoring |                       |   |  |        |     |



**EVERYONE MATTERS AT OUR LADY OF FATIMA** 

Page 7 of 7